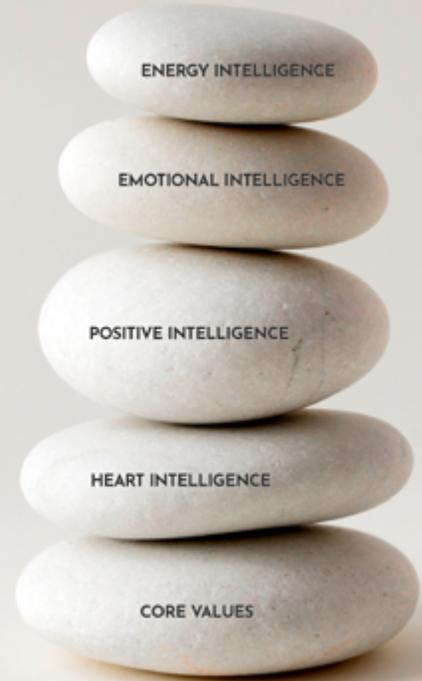




# Connected Balance™ Experience

A MARCHITECTURE PROGRAM



**"LEADERS AREN'T BORN, THEY ARE MADE." ~ VINCE LOMBARDI**

Nowhere is this quote more true than in business as leaders know their decisions directly impact their success. What if you could feel more confident in your decision-making ability and **know** you are making the right decision in the moment?

**What tools are you using to guide your decision-making process?**

## WHAT IS THE CONNECTED BALANCE™ EXPERIENCE?

The CBE program harnesses the power of the heart-mind-body connection with neuroscience-backed growth mindset tools to guide better business decisions in alignment with personal authenticity, organizational goals, and a vision for a better world.

## HOW DOES IT WORK?

Based on the content from the book *Waves of Change*, the CBE interactive learning platform offers forward-thinking business leaders hands on, community-supported access to four online live experiences that help build more effective decision-making skills. Each 4-week course includes weekly progress checks, skill building activities, reflections, and a personalized dashboard report for each participant that captures tangible next steps for practical application.

## WHAT ARE THE BENEFITS?

- Learn energy management techniques to reduce overall stress.
- Make better aligned decisions with mental clarity and authenticity.
- Operate from a place of peaceful ease with a positive perspective.
- New connections and networking with like-minded business leaders.
- Improve your personal resilience to achieve Connected Balance.
- Post your completion badge on LinkedIn.

## A 16-WEEK INTERACTIVE LEARNING EXPERIENCE:

### EXPERIENCE 1:

The Power of Core Values

### EXPERIENCE 2:

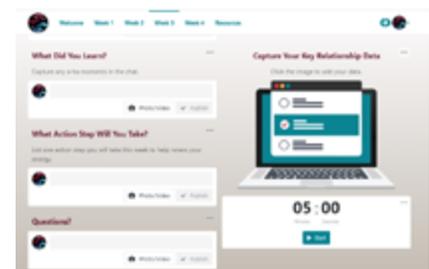
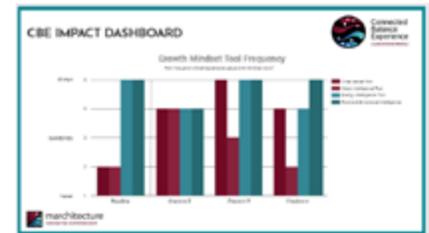
Heart Intelligence

### EXPERIENCE 3:

Positive and Emotional Intelligence

### EXPERIENCE 4:

Energy Intelligence



[LEARN MORE](#)

